

# Information sheet for customer

Tsumura Traditional Remedy for Women

## Chujoto L'amour[中将湯ラムール]

【Category 2 OTC medicines】

### INDICATIONS

*Chi-no-michi-sho*\*, over-sensitiveness to cold, numbness of hands and feet, menstrual irregularity, leukorrhea, palpitations, shortness of breath, dizziness, hot flashes, headache, lower back pain, stiff shoulder, edema, pale complexion, constipation, and menstrual pain.

\**Chi-no-michi-sho* is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms caused by fluctuation of female hormones caused due to menstruation, pregnancy, childbirth or menopause.



### ! CAUTION FOR USE

#### ●Who should seek consultation

1. The following persons should consult a physician, pharmacist, or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Persons who have experienced allergic reactions to medicines or something.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Nausea, loss of appetite

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for a long time. Take this leaflet with you.

### DOSAGE

Take the following dosages with water or warm water before a meal or going to bed.

Age	One dosage	Daily dosage
15 years and over	4 tablets	2 times a day
Less than 15 years	Do not use	

## INGREDIENTS

8 tablets of this medicine contain 1000 mg of dried extract of the following mixed crude drugs;

JP Peony Root	1.60 g
JP Japanese Angelica Root	1.60 g
JP Cinnamon Bark	1.12 g
JP Corydalis Tuber	0.80 g
JP Cnidium Rhizome	0.80 g
JP Moutan Bark	0.80 g
JP Poria Sclerotium	0.64 g
JP Atractylodes Lancea Rhizome	0.48 g
JP Rehmannia Root	0.40 g
JP Aurantii Pericarpium	0.40 g
JP Glycyrrhiza	0.32 g
JP Cyperi Rhizome	0.32 g
JP Persicae Semen	0.32 g
JP Coptis Rhizome	0.16 g
JP Ginger	0.08 g
JP Caryophylli Flos	0.08 g
JP Ginseng	0.08 g

(JP: The Japanese Pharmacopoeia)

Inactive ingredients: JP Gum Arabic Powder, JP Carnuba Wax, JP Light Anhydrous Sialic Acid, JP Stearic Acid, JP Magnesium Stearate, JP Gelatin, JP Talc, JP Precipitated Calcium Carbonate, JP Sucrose, JP Hydroxypropylcellulose, Polyoxyethylene(105) Polyoxypropylene(5) Glycol, Polyvinylacetal Diethylaminoacetate.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) Do not touch this medicine with wet hands, because it causes spots or discoloration on the sugar-coated surface.
- (4) Discard a packing in a bottle after opening, because it is used to prevent the damage of tablets during the transportation.
- (5) Close the bottle cap tightly after use to prevent the deterioration of tablet quality due to moisture.
- (6) Do not transfer to another container to prevent misuse and quality deterioration.
- (7) Do not take this medicine after the expiration date.

*Production of this product has been approved for domestic sales in accordance with the Pharmaceutical Affairs Law of Japan.*



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