Ver. 20200323

Hyakudoku Kudashi

OTC, Laxative

Distributed and marketed by

SuiShoDo Pharmaceutical Corporation

Pias Group Mie, Japan

Product Features

Actions of six herbal medicines will promote natural bowel movements, which you fell as if you did not take any medications.
Hyakudoku Kudashi is the most recommendable medicine for a relief of various symptoms derived from constipation through daily well-controlled evacuation, and also for a good daily support to weakened bowel movement caused by aging and other medications.
It is a very small spherical-shaped coated pill, so that the dosage can be adjusted easily.
Since developed and launched in 1892, this product has been widely used and loved by many people all over the Japan as one of very reliable Traditional OTC products

mild and gentle action, but firm effect,

suitable for daily mentainance of your bowel conditions

This product is suitable for

・Who tends to have diarrhea and/or stomachache when you have Western synthetic laxatives.
・Who wishes to have natural bowel movements without stress
・Who feels fear of dose-increasing after repeated use of laxatives
・Who feels constipation from aging

Indications

Relief of constipation and symptoms caused by constipation, such as heaviness of head, flushing, skin roughness, skin eruption, anorexia (decreased appetite), abdominal distension, abnormal intestinal fermentation, hemorrhoids.

Package

Glass bottle: 256 pills, 1152pills, 2560pills, 5120pills(2560pills×2bottles)
Plastic packet: 480pills(16pills×30packets)

Directions

15 years or older: 12-16 pills per dose
From 11 to 14 years old: 8-12 pills per dose
From 7 to 10 years old: 6-8 pills per dose
From 3 to 6 years old: 4-6 pills per dose
Take TWICE A DAY in the morning and evening (before or between meals) in fasting condition.
Start with the minimum dose and gradually increase or decrease according to the condition of the bowel movement.

Ingredients and Content

Daily dose (32 pills) contains the following ingredients:
Powdered Rhubarb 0.88 g,
Powdered Aloe 0.10 g,
Powdered Pharbitis Seed 0.17 g,
Powdered Glycyrrhiza 0.15 g,
Rose Fruit Extract 0.043 (Extract from Rose Fruit 0.344 g),
Smilax Rhizome Extract 0.04 g (Extract from Smilax Rhizome 0.5 g)
Precipitated calcium carbonate, KANBAIKO (Japanese pharmaceutical excipients), white beeswax, talc, and medicinal carbon are contained as additives.

Advice how to take

・Take this medicine when EMPTY STOMACH. （Otherwise this medicine doesn't work properly.）
・You will feel your bowel movements between 7 and 10 HOURS AFTER the administration. (It depends on the individual's body condition.)
・When you take this product for the first time, start from 12 pills for one time and adjust the dose up to 16 pills depending on your bowel conditions. (The dose is for 15 years and older.)
・In most case, you will feel the efficacy after the first administration, but if you don't feel comfortable yet, keep taking the appropriate dose following the directions for at least 2 days (twice a day, every morning and evening).
・When you feel comfortable for your bowel movements, you don't need to keep taking this medicine.

Precautions

1. This medicine should not be used in women who are lactating. Stop lactating when taking this medicine.
2. Consult with a doctor or a pharmacist before taking this medicine if any of the following applies:
   1) Receiving treatment from a doctor 2) Pregnant or may be pregnant
   3) Medical history of allergic symptoms induced by medicines, etc. in the past.
   4) Person with the following symptoms: Acute abdominal pain, queasiness, vomiting
3. Read the package insert carefully when taking the medicine.
4. Store it in a cool and dry place with no direct sunlight.
5. Keep out of reach of children.
6. Do not transfer to another container. (It could result in misuse or quality change)
7. Do not take this product after the expiration date.

Manufactured by

SciAya Pharma Corporation, Shiga, Japan (Pias Group)